



BOXED LUNCHES - \$16
Includes Bottled Water

The Vegetarian

Caprese on French Baguette

Fresh Buffalo Mozzarella, Housemade Basil Pesto & Sliced Heirloom Tomato
(Choice of One - Tri Color Quinoa Tabbouleh Salad, or Seasonal Fruit Salad)
Terra Chips
Jumbo Chocolate Chip Cookie

The Selby

Turkey Club

With Shredded Lettuce, Fresh Tomato, Alfalfa Sprout, Apple-Wood Bacon, Havarti Cheese & Mayo
(Choice of One - Tri Color Quinoa Tabbouleh Salad, or Seasonal Fruit Salad)
Terra Chips
Jumbo Chocolate Chip Cookie

The Italian

Italian Style Sub

Honey Roasted Ham, Genoa Salami, Pepperoni, Aged Provolone, Sliced Cherry Peppers, Fresh Tomato,
Crisp Lettuce, & Oil & Vinegar on Italian Sub Roll
(Choice of One - Tri Color Quinoa Tabbouleh Salad, or Seasonal Fruit Salad)
Terra Chips
Jumbo Chocolate Chip Cookie

The Salad

Madras Curry Chicken Salad

Coconut - Poached Free-Range Chicken Breast, Golden Raisins, Walnuts, Mango Chutney & Dried
Apricots with Mayonnaise
(Choice of One - Tri Color Quinoa Tabbouleh Salad, or Seasonal Fruit Salad)
Terra Chips
Whole Banana
Jumbo Chocolate Chip Cookie

The Vegan Grain Salad

Tri Color Quinoa Tabbouleh Salad

Tri Color Quinoa, Fresh Chopped Parsley, Spanish onion, Fresh Tomatoes Lemon Juice, & Extra Virgin
Olive Oil
Terra Chips
Whole Fruit
Jumbo Chocolate Chip Cookie

Children's Lunch Box - \$10.00

Choice of: Turkey & Cheese, Ham & Cheese or Peanut-Butter & Grape Jelly
With Whole Banana, Chocolate Chip Cookie & Organic Fruit Punch Juice Box